



City of Austin

Recommendation for Action

File #: 24-4514, **Agenda Item #:** 56.

5/2/2024

Posting Language

Authorize negotiation and execution of an interlocal agreement with Texas A&M AgriLife Extension Service for the engagement in the Texas Healthy Building Blocks program, a coordinated system of self-assessment, training, and recognition related to obesity prevention best practices in the early care and education setting, for the period of September 1, 2023, through August 31, 2028.

Lead Department

Austin Public Health.

Fiscal Note

This item has no fiscal impact.

For More Information:

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Additional Backup Information:

This agreement allows the Austin Public Health Department (APH) to engage with the Texas A&M AgriLife Extension Service Texas Healthy Building Blocks program as a Community Partner. As a Community Partner, APH will commit to implementing the Texas Healthy Building Blocks program (THBB) and support early care and education centers in Austin and Travis County to adopt improved obesity prevention practices and apply for THBB recognition. The Texas Healthy Building Blocks Program is based on the Nutrition and Physical Activity Self-Assessment for Child Care Programs (Go NAPSACC; see gonapsacc.org <<https://gonapsacc.org>>). Go NAPSACC was created by a team of childhood obesity prevention researchers at the University of North Carolina at Chapel Hill and its purpose is to support improvements to childcare environments that foster healthy eating, physical activity, and overall development in children. APH will recruit early childhood programs to participate in THBB and will serve as facilitator throughout the program.

Expected results include assessment and improvement by early care and education centers in the following areas:

- Child Nutrition;
- Infant & Child Physical Activity;
- Outdoor Play and Learning;
- Screen Time;
- Farm to Early Care and Education; and
- Breastfeeding and Infant Feeding.